



**Who is running your life: you or your problems?  
Do you love your life?**

**What's next for you?**

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**Set yourself up to succeed,  
Take leadership and realise your dream.**

# Life Works: Be Free, Be a Leader!

Be the author of your life with Freedom Works UK's group coaching programme. It's not a quick fix but a long term, seven month, result-focused training programme for you to achieve success in the areas that are most important to you.

How it works...

## Part 1

### Be Free

- Weekly Group Coaching & Tools
- Achieve a big result

## Part 2

### Know yourself as a powerful leader

- A special 1-day workshop. Create a new future.

## Part 3

### Be A Leader!

- 4 month leadership training.
- Lead a project and a team
- Accomplish what you've always dreamt of.



**Hundreds of people have transformed their lives! Find out what they are saying and book on to your next course:**

**[www.freedomworks.org.uk](http://www.freedomworks.org.uk)**

**Freedom Works UK**



## Our Vision

As a result of our programmes, people live meaningful, effective, enjoyable lives

## Our Mission

At Freedom Works UK we create a safe space for our clients to identify and overcome obstacles that stop them from having an enriched and fulfilled life.

## Our Purpose

Freedom Works coaches people to accomplish the things that are most important to them, whatever the circumstances. This could be: Changing career, Starting a business, Getting into a relationship, Developing a social life, Dealing with a big challenge you are facing now. Or anything that is important to you.

## Our Promise

Anyone who participates, supports or associates with us in any way will generate more time, money, opportunities and connections as a result. We as coaches will give you the strong push you need to move, while creating a very supportive, nurturing environment for you to produce powerful results that are beyond what you could accomplish on your own.

[www.FreedomWorks.org.uk](http://www.FreedomWorks.org.uk)



# Life Works: Be Free, Be a Leader!

## 7 March 2016 to September 2016

Life Works - Be Free - Be a Leader Programme is a 3 part programme consisting of 7 months of group coaching, mentoring and support to enable you to master your given conditions and circumstances and achieve success in the areas you want to – in life, work, business or any area where you are challenged to produce what you want in results – in spite of those conditions/circumstances.

So why would you want to do this, we ask you if your life is the Olympics what do you want to win the gold medal in? We will support you to make those results you want to happen, happen in reality in your life within these 7 months.

In this programme of coaching you will be challenged on:

- ✓ Your view of yourself and your ability to produce results
- ✓ Getting out of your comfort zone
- ✓ Turning ideas into actual products/results
- ✓ Accepting and taking coaching
- ✓ A new approach to management
- ✓ Strong group leadership
- ✓ Leadership of coaching
- ✓ Authorship

### Part 1 Foundation

**Be Free (10 Session series of 3.5 hour workshops)**

Produce a major tangible result in your life, work, business or higher education.

### Part 2 Transformation A Special Event About Freedom (1 Day 10 Hour Workshop)

Transform your view of yourself and the world you live in so that you are better able to achieve breakthroughs in life leading to realizing the full results you are after. You will be producing 3 major milestones in your chosen field within the next 7 days following this workshop

### Part 3 Leadership

**Be A Leader (4 parts, 4 x 1 day (8 hour) Workshops over 4 months)**

Be a leader in your life instead of a follower/prisoner of events and circumstances. Provide leadership to a group. Be able to coach and make presentations to groups (or 1-1) in ways you have never imagined possible. Realize an overall outcome you have always wanted to but couldn't.

You will complete the programme by leading a special graduate coaching session to a paying audience on your final workshop.

#### When?

Be Free Workshops 1 - 10

- Mondays from 7 March 2016 to 11 April 2016
- Resumes Mondays 9 May to 30 May 2016
- All sessions 17.30 - 20.30 / 21.00

#### Where?

Sancho Room, The Abbey Community Centre, 34 Great Smith Street, London SW1P 3BU

#### When?

Saturday 4 June 2016

10.00 - 20.00

Where?

Claremont Project, 24 - 27 White Lion Street, Angel, London N1 9PD)

**When?** To be agreed by all the participants by the end of the Part 2

Workday 1: 11.00—19.00

Workday 2: 11.00—19.00

Workday 3: 11.00—19.00

Workday 4: 11.00—15.30

**Where?** Claremont Project

## Tuition Fees

- ✓ Tuition fee: £1500 - 20% New Year discount = £1200, pay by installments: £390 by 7/03 + 6 monthly payments of £135 from 7/04/16 – 7/09/16
- ✓ Lump sum discount Tuition Fee: £1500 - 50% New Year discount = £1000, if paid in 2 installments of £500 by 7/03/16 + £500 3/06/16.

- ✓ In all these workshops contain over 80 hours of direct classroom/workshop training plus over 40 hours of telephone and other pre arranged support sessions.
- ✓ Previous clients have created ideas into new opportunities, changed careers, started businesses, changed direction, dealt with redundancy, got their dream job, started relationships and lived up to their qualifications/

You can read testimonials of people who have completed the programme at

[www.freedomworks.org.uk](http://www.freedomworks.org.uk)